What better way than to spend a lunch hour outside in one of MSU’s fabulous Horticulture Gardens! Join us in June for our first

**Lunch Hour Chair Yoga Class**

under the wisteria of the Entrance Pavilion. We’ll be using the benches as our place to meet, relax, stretch, and connect.

**Who:** MSU Faculty, Staff, Students, and Friends of the Garden

**When:** June 7, 14, 21, 28 (Wednesdays) 12:10-12:50p

Rain Venue: Horticulture Atrium, chairs provided

**Where:** Entrance Pavilion to the Horticulture Gardens off Bogue Street. Metered parking available in the Visitor Lot.

**Cost:** Classes are at NO CHARGE, but registration is encouraged!

**To Register:** Online: [https://goo.gl/forms/qB7XKYhWArmYwnnt2](https://goo.gl/forms/qB7XKYhWArmYwnnt2)

**Instructor:** Rebecca Kegler, Assistant Dir., RecSports and Fitness Services, 200 RYT Registered Yoga Instructor, 517-353-9663

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**Fresh Air Fitness Summer Series**

Partnering for a Healthier MSU Campus and Community